



Treinos Cronometrados

Registo de passagens por concorrente

Seq	Hour	Lap	Time Im.	Seq	Hour	Lap	Time Im.	Seq	Hour	Lap	Time Im.
No: 1 Ricardo Carvalho				62	31:50.165	3	6:35.875	No: 9 Alexandre Oliveira			
				76	38:21.910	4	6:31.745 *	10	10:50.428		
16	12:29.972			No: 5 Nelson Caxias				27	17:59.336	1	7:08.908 *
32	18:51.428	1	6:21.456 *					44	24:45.718	2	6:46.382 *
51	26:41.465	2	7:50.037	3	9:22.552			61	31:28.413	3	6:42.695 *
82	41:20.301	3	14:38.836	20	16:06.603	1	6:44.051 *	75	38:09.712	4	6:41.299 *
91	47:39.350	4	6:19.049 *	40	23:30.540	2	7:23.937	88	44:52.333	5	6:42.621
No: 2 António Moreira				58	30:14.528	3	6:43.988 *	No: 10 Rui Sousa			
				74	37:04.910	4	6:50.382	7	10:23.103		
11	11:05.436			No: 6 Alfredo Ferreira				36	21:11.029	1	10:47.926 *
26	17:55.439	1	6:50.003 *					54	28:01.172	2	6:50.143 *
43	24:34.451	2	6:39.012 *	8	10:24.439			68	35:05.070	3	7:03.898
72	36:13.003	3	11:38.552	25	17:53.763	1	7:29.324 *	83	42:00.722	4	6:55.652
No: 3 Rui Rodrigues				46	25:09.981	2	7:16.218 *	No: 11 Marcelo Garcia			
				65	32:40.033	3	7:30.052	5	10:05.082		
33	19:47.328			No: 8 Simão Correia				24	17:39.654	1	7:34.572 *
93	51:15.871	1	31:28.543 *					45	24:57.669	2	7:18.015 *
No: 4 Sérgio Ferreira				4	9:53.011			63	32:08.960	3	7:11.291 *
				22	16:44.655	1	6:51.644 *	78	39:14.435	4	7:05.475 *
14	11:57.071			59	30:25.215	2	13:40.560	89	46:21.712	5	7:07.277
30	18:38.425	1	6:41.354 *	80	40:24.056	3	9:58.841				
47	25:14.290	2	6:35.865 *								



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No: 12 Luís Miguel Reis

2	8:43.921		
18	15:33.744	1	6:49.823 *
39	22:36.121	2	7:02.377
57	29:23.539	3	6:47.418 *
79	39:54.639	4	10:31.100
90	46:36.348	5	6:41.709 *

No: 16 Dário Alves

13	11:43.513		
29	18:23.413	1	6:39.900 *
48	25:30.132	2	7:06.719
64	32:20.736	3	6:50.604

No: 17 Amílcar Simões

6	10:22.589		
34	19:48.371	1	9:25.782 *
52	27:33.746	2	7:45.375 *
69	35:09.824	3	7:36.078 *
86	43:25.724	4	8:15.900

No: 18 Carlos Braga

21	16:16.258		
41	23:50.353	1	7:34.095 *

60	31:23.778	2	7:33.425 *
77	39:03.071	3	7:39.293

No: 20 José Pereira "Fininho"

15	12:01.458		
31	18:46.391	1	6:44.933 *
49	26:13.443	2	7:27.052
66	33:43.861	3	7:30.418
81	40:31.486	4	6:47.625
92	50:08.446	5	9:36.960

No: 21 José Galhofas

19	15:38.058		
38	22:24.466	1	6:46.408 *
55	29:13.090	2	6:48.624
70	35:56.918	3	6:43.828 *
85	42:39.224	4	6:42.306 *

No: 22 Ana Ribeiro

28	18:02.034		
50	26:19.473	1	8:17.439 *
67	34:26.258	2	8:06.785 *
84	42:38.393	3	8:12.135

No: 23 Avelino Luis

17	15:23.227		
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37	22:23.558	1	7:00.331 *
56	29:19.916	2	6:56.358 *
73	36:17.510	3	6:57.594

No: 24 Valério Gonçalves

12	11:07.593		
35	20:58.445	1	9:50.852 *
53	27:50.480	2	6:52.035 *
71	35:58.526	3	8:08.046

No: 26 Pedro Costa

9	10:36.487		
23	17:32.364	1	6:55.877 *
42	24:17.304	2	6:44.940 *
87	43:26.506	3	19:09.202